

nêhiyawêwin or Plains Cree
& nêhinawêwin or Swampy Cree

akihtâsona numbers

Whether in the country
or the city
creature or insect
plant or animal
a part of a big family
or a small family
we all live together
and we all take care
of one another
we all count
kiwīcahāmitonaw

1 pēyak

pay UCK

2 nīso

nee SOH

3 nisto

niss TOH

4 nēwo

nay WOH

5 niyānan

NEE yah nun

6 nikotwāsik

nih KOTE wah sick

7 tēpakohp

TAY puh kohp

8 ayēnānēw

EYE nah nayo

9 kēkā-mitātaht

kay kah M1 tah tut

10 mitātaht

M1 tah tut

pronunciation chart

There are seven distinct vowel sounds in Cree, three “short,” and four “long.”

Long vowels are written with a macron [̄] or circumflex [ˆ] accent.

They sound about like this:

SHORT VOWELS

a as in about
i as in pin
o as in look

LONG VOWELS

â as in father
ê as in pay
î as in keep
ô as in boat

CONSONANTS

p as in pin or bin
t as in tin or din
c as in chin or tsar
h as in him
k as in kin or grin
s as in sin
m as in me
n as in no
w as in will
y as in yes

The Cree on this poster is in the **y-dialect** spoken in Alberta and southern Saskatchewan, also known as **nêhiyawêwin** or **Plains Cree** and in the **n-dialect** also known as **Swampy Cree** or **nêhinawêwin**, spoken in Manitoba and the Saskatchewan communities of Cumberland House and Shoal Lake.

The Cree are one of the largest indigenous groups in North America. Cree traditional territory ranges from the shores of Hudson Bay to the Rockies & extends south through Canada into the Northern United States.

Materials for this poster are from the book *We All Count* by Julie Flett

Text by Arden Ogg of the Cree Literacy Network, www.creeliteracy.org



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www.julieflett.com

design
Robin Mitchell Cranfield

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